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## Role-play 4 – Cultural sensitivity

Cultural sensitivity is being aware that cultural differences and similarities between people exist without assigning them a value – positive or negative, better or worse, right or wrong. It simply means that you are aware that people are not all the same and that you recognize that your culture is no better than the other cultures.

To provide culturally sensitive patient-centred care, physicians should treat each patient as an individual, recognizing and respecting his or her beliefs, values and care seeking behaviours.

### **Student 1 (Doctor):**

A 16-year-old girl comes to you after she got her blood test results that show iron deficiency anemia.

The girl emigrated with her family a year ago from Greece, therefore she can barely speak German and only understands basic words.

- Try to explain to her what Anemia is in simple words.
- Advise her to eat more food that include iron (Meat, Fish and Nuts).
- Ask her to come back after 3 months for a check up

### **Student 2 (Patient):**

You are a 16 years old girl, who emigrated with her family from Greece.

Ask the Doctor to repeat what he is saying because most of the German words he is using are new to you.

### **Students 3-5:**

- 1) How well did the doctor (Student 1) apply the soft skill in the Role-play?
- 2) Give suggestions on how he can improve himself.



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